



Community
Coalition
Alliance



CANDY VS. MEDICINE

CAN YOU SPOT THE DIFFERENCE?



**IBUPROFEN OR
TICTAC?**



**SUDAFED OR
M&M?**



**ANTACID OR
SMARTIES?**

IF YOU CAN'T TELL THE DIFFERENCE, KIDS CAN'T EITHER

Thousands of kids end up in the emergency room each year after getting into medication that were left within their reach.

HOW CAN YOU KEEP CHILDREN SAFE?

Keep medicine up and away, out of reach and sight of children, even medicine you take every day. Put all medicines and vitamins at or above counter height where kids can't reach or see them.

Consider places where kids get into medicine. Children often find medicine kept in purses or on counters and nightstands. Place bags and briefcases on high shelves or hang them on hooks, out of children's reach and sight.

Give medicine safely to children. Use only the dosing device that comes with liquid medicine, not a kitchen spoon. When other caregivers are giving your child medicine, write clear instructions about what medicine to give, how much to give and when to give it. Never refer to medicine as candy when giving to children.

Save the Poison Help number in your phone and post it visibly at home: 1-800-222-1222. Specialists at poison control centers provide free, confidential, expert medical advice 24 hours a day. They can answer questions about how to give or take medicine and help with poison emergencies.