

Don't stand by, stand up!

UNITE AGAINST BULLYING

Make your school a bully-free zone

What is bullying?

When a student(s) is threatened, teased, hurt, pushed, hit, or embarrassed intentionally over and over again.



What is a bully?

Anyone can be a bully or a victim of bullying. A vulnerable population can be: disabled, LGBTQ, or new students

1 in **5**

high school students reported being bullied at school in the last year

more than

1 in 6

high school students reported being cyberbullied in the last year



Types of bullying:

- cyber
- physical
- social
- verbal

How to prevent bullying:

- Strengthen youth's social skills
- Promote healthy environment
- Educate on topics of bullying and bystanders
- Teach youth to speak up



FACTS

- Reports of bullying are highest in middle schools (**28%**) followed by high schools (**16%**), combined schools (**12%**), and primary schools (**9%**) (CDC)
- Act (F.S 1006.147) & Act (F.S 784.048) prohibits certain types of bullying and harassment (stalking and cyberstalking illegal)
- **Warning signs:** unexplained injuries, lost/damaged property, faking illness to avoid school, sudden loss of friends, changes in eating habits, feelings of hopelessness, declining grades, and/or difficulty sleeping