

# SOUTHEAST REGION OF FLORIDA RESOURCE AND CAPACITY ASSESSMENT

As part of the Strategic Prevention Framework, the CCA Southeast is conducting a Resource and Capacity Assessment of the substance abuse prevention providers of evidenced-based programs and community coalitions that align with SAMHSA’s Seven Strategies for Community Change, mainly environmental strategies, available in the Southeast Region of Florida (Indian River, Martin, Okeechobee, Palm Beach, and St. Lucie Counties). This process will be on-going with updated versions located on the CCA’s website: [www.ccafl.org](http://www.ccafl.org). If you are a Prevention Provider or Community Coalition with a focus on preventing and reducing alcohol and other drug use in the Southeast Region and are implementing an evidence-based prevention program or strategy that should be listed, please contact: [coalitionsofflorida@gmail.com](mailto:coalitionsofflorida@gmail.com).

## Evidenced-Based Prevention Programs in the Southeast Region (Prevention Providers)

	Alcohol Literacy Challenge	ATHENA	ATLAS	Big Brothers Big Sisters	Class Action	Guiding Good Choices	Life Skills	Parenting Now	Parenting Teen	Parents as Teachers	Partners for Change	PATHS	Project Alert	Project Northland	Project Success	Project Towards No Drug Abuse	Second Step	Strengthening Families	Teen Intervene	Too Good For Drugs	Too Good For Violence	Triple P
Indian River						X	X			X							X			X		
Martin				X										X								
Okeechobee						X											X			X	X	
Palm Beach	X	X	X	X	X	X	X	X	X		X	X	X	X	X	X		X	X	X		X
St. Lucie				X		X									X		X	X		X	X	

## Strategies Aligned with SAMHSA’s Seven Strategies for Community Change in the Southeast Region (Community Coalitions)

	Provide Information	Enhance Skills	Provide Support	Enhance Access/Reduce Barriers	Change Consequences	Change Physical Design	Modify/Change Policies
Indian River	X	X	X	X		X	X
Martin	X	X	X	X	X	X	X
Okeechobee	X	X	X	X		X	X
Palm Beach	X	X	X	X	X	X	X
St. Lucie	X	X	X	X	X	X	X

## INDIAN RIVER COUNTY

### *PREVENTION PROVIDERS – EVIDENCED BASED PROGRAMS*

The Substance Awareness Center of Indian River County

**PREVENTION PROGRAM: Life Skills Training:** a school-based program that aims to prevent alcohol, tobacco, and marijuana use and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors.

**PREVENTION PROGRAM: Parents as Teachers:** focuses on helping ALL children learn, grow and develop to their full potential. That means providing the information, support and encouragement that all parents need to help their children develop optimally during the crucial early years of life. Our goal is to help parents engage with their children in ways that lead to a lifetime of good health, educational achievement and future successes.

Indian River School District

**PREVENTION PROGRAM: Second Step-** a classroom-based social-skills program for children 4 to 14 years of age that teaches socio-emotional skills aimed at reducing impulsive and aggressive behavior while increasing social competence. The program builds on cognitive behavioral intervention models integrated with social learning theory, empathy research, and social information-processing theories.

**PREVENTION PROGRAM: Guiding Good Choices (GGC)-** a drug use prevention program that provides parents of children in grades 4 through 8 (9 to 14 years old) with the knowledge and skills needed to guide their children through early adolescence. It seeks to strengthen and clarify family expectations for behavior, enhance the conditions that promote bonding within the family, and teach skills that allow children to resist drug use successfully.

**PREVENTION PROGRAM: Too Good For Drugs:** a school-based prevention program for kindergarten through 12th grade that builds on students' resiliency by teaching them how to be socially competent and autonomous problem solvers. The program is designed to benefit everyone in the school by providing needed education in social and emotional competencies and by reducing risk factors and building protective factors that affect students in these age groups.

### *PREVENTION COALITIONS- STRATEGIES FOR COMMUNITY CHANGE*

Substance Abuse Free Indian River

**PROVIDE INFORMATION:** Community presentations on alcohol and other drug dangers; community events; newsletter; informational website; social media; Town Hall Meetings; Friday Night Done Right- No Alcohol. No Dope.- a Social Norming Campaign that promotes the message that most teens do not drink and use drugs in order to have a good time; Parents Who Host, Lose the Most- a campaign informing parents on the laws surrounding hosting parties with alcohol for teens.

**ENHANCE SKILLS:** Know the Law Course- onetime course teaching laws surrounding alcohol and other drugs for middle and high school students.

**PROVIDE SUPPORT:** Friday Night Done Right alcohol and drug free events for teens.

**ENHANCE ACCESS/REDUCE BARRIERS:** Support for Prescription Drug Take Back Days and Permanent Disposal Sites- where residents can safely dispose of unused or expired medications, an initiative of the Sheriff's Office and Health Department

**CHANGE PHYSICAL DESIGN:** Lock It Up- a public awareness campaign urging parents and guardians to lock up their alcohol in the home.

#### Tobacco Free Partnership of Indian River County

**PROVIDE INFORMATION:** Community presentations on tobacco dangers; information website, participates in Tobacco Free Florida Campaign; **Strange Candy-** a program that discusses issues of tobacco marketing with a focus on the issue of flavored tobacco products.

**ENHANCE SKILLS:** SmokeScreeners- a program that teaches media literacy skills designed to reduce the influence of movie smoking.

**PROVIDE SUPPORT:** Provides SWAT Chapters (Students Working Against Tobacco) youth groups in Oslo Middle School, Vero Beach High School, Fellsmere Boys & Girls Club and Sebastian Boys & Girls Club; Provides tobacco cessation classes.

**ENHANCE ACCESS/REDUCE BARRIERS:** Provides Quitline information

**CHANGE PHYSICAL DESIGN:** Works to create smoke free dwellings (multiunit housing); works to change; works to develop smoke free workplaces; works to reduce the amount of tobacco advertising at convenience stores and gas stations. **Store Alert-** a program that teaches young people to be aware of the types of marketing gimmicks used by the Tobacco Industry in local stores. An additional program is available to train youth on a system to conduct surveillance in the community and report the results as part of a database maintained by the [Campaign for Tobacco Free Kids](#).

**MODIFY/CHANGE POLICIES:** The Partnership has passed 3 ordinances in Sebastian, Vero Beach, and the County to place age, placement, and use restrictions for Electronic Cigarettes.

#### Executive Roundtable of Indian River County

**Kids at Hope:** Kids at Hope is a strategic cultural framework based on resiliency research designed to engage entire communities in supporting success for all children, without exception. KAH profoundly impacts children's future because it trains adults to be intentional in believing, engaging and connecting with children. The belief and practice is incorporated into everyday interactions between youth and adults, and becomes the community culture in which the child is raised.

## MARTIN COUNTY

### *PREVENTION PROVIDERS – EVIDENCED BASED PROGRAMS*

#### Tykes and Teens

**PREVENTION PROGRAM: PROJECT NORTHLAND:** a multilevel intervention involving students, peers, parents, and community in programs designed to delay the age at which adolescents begin drinking, reduce alcohol use among those already drinking, and limit the number of alcohol-related problems among young drinkers.

#### Big Brothers and Big Sisters of Palm Beach and Martin Counties, Inc.

#### **PREVENTION PROGRAM: BIG BROTHERS BIG SISTERS MENTORING**

**PROGRAM:** designed to help participating youth ages 6-18 ("Littles") reach their potential through supported matches with adult volunteer mentors ages 18 and older ("Bigs"). The program focuses on positive youth development, not specific problems, and the Big acts as a role model and provides guidance to the Little through a relationship that is based on trust and caring.

### *PREVENTION COALITIONS- STRATEGIES FOR COMMUNITY CHANGE*

#### Martin County Board of County Commissioners' Drug and Alcohol Awareness Committee

**PROVIDE INFORMATION:** Prevention information dissemination; Town Hall Meetings

**ENHANCE SKILLS:** Know the Law- Know the Law is a class for students and parents that provides education surrounding alcohol and other drug laws, i.e. consequences from breaking the law, rules, regulations, etc.

**CHANGE CONSEQUENCES:** Juvenile Civil Citation and Juvenile Delinquency Diversion as well as clinical supervision and assessment for Juvenile Drug Court and Drug testing services for those programs.

#### Shared Services Network of Martin County- Emotional/Prevention Steering committee.

**PROVIDE INFORMATION:** Prevention information dissemination

#### Tobacco Free Partnership of Martin County

**PROVIDE INFORMATION:** Community presentations on tobacco dangers; information website, participates in Tobacco Free Florida Campaign, **Strange Candy-** a program that discusses issues of tobacco marketing with a focus on the issue of flavored tobacco products.

**ENHANCE SKILLS:** SmokeScreeners- a program that teaches media literacy skills designed to reduce the influence of movie smoking.

**PROVIDE SUPPORT:** Provides SWAT Chapters (Students Working Against Tobacco) youth groups at Indiantown Middle School, Jensen Beach High School, Martin County High School, Murray Middle School, South Fork High School, Stuart Middle School, East Stuart Boys and Girls Club, Hobe Sound Boys and Girls Club, Indiantown Boys and Girls Club, Palm City Boys and Girls Club, and Port Salerno Boys and Girls Club.

**CHANGE PHYSICAL DESIGN:** Store Alert- a program that teaches young people to be aware of the types of marketing gimmicks used by the Tobacco Industry in local stores. An

additional program is available to train youth on a system to conduct surveillance in the community and report the results as part of a database maintained by the [Campaign for Tobacco Free Kids](#).

**MODIFY/CHANGE POLICIES:** Passage of a County Ordinance placing all tobacco products behind the counter and out of reach of children (March 1, 2011); Implementation of new signs promoting local and state litter ordinances and current tobacco-free policies on Martin County Facilities to reduce tobacco use in Martin County beaches and parks, especially those used by children and teenagers (July 26, 2011); The passage of a County resolution encouraging retailers to voluntarily stop the sale of flavored tobacco products not currently banned by the Food and Drug Administration, especially smokeless tobacco products (September 27, 2011); The passage of a County resolution encouraging state lawmakers to remove the preemption clause from the Florida Clean Indoor Air Act, restoring Home Rule regarding local clean OUTDOOR air policies. This would allow municipalities and counties to make their own determination regarding smoke-free parks and beaches (September 27, 2011).

**Current Policy Change Initiatives:** A more comprehensive tobacco-free policy for adults on Martin County School property; An *Alternative to Suspension Policy* for youth violators of the current Martin County School Board Zero-Tolerance Policy on Youth Tobacco Use that includes a mandatory tobacco education program; The creation of tobacco-free policies in businesses to help them save money; The creation of voluntary changes in tobacco policies in large, multi-unit housing complexes.

***ADDITIONAL ENVIRONMENTAL STRATEGIES:***

Martin County Sheriff's Office

**ENHANCE ACCESS/REDUCE BARRIERS:** Prescription Drug Drop Off Locations

## OKEECHOBEE COUNTY

### *PREVENTION PROVIDERS – EVIDENCED BASED PROGRAMS*

New Horizons of the Treasure Coast, Inc.

**PREVENTION PROGRAM: TOO GOOD FOR VIOLENCE:** a school-based violence prevention and character education program for students in kindergarten through 12th grade. It is designed to enhance prosocial behaviors and skills and improve protective factors related to conflict and violence.

Okeechobee School District

**PREVENTION PROGRAM: Second Step-** a classroom-based social-skills program for children 4 to 14 years of age that teaches socio-emotional skills aimed at reducing impulsive and aggressive behavior while increasing social competence. The program builds on cognitive behavioral intervention models integrated with social learning theory, empathy research, and social information-processing theories.

**PREVENTION PROGRAM: Guiding Good Choices (GGC)-** a drug use prevention program that provides parents of children in grades 4 through 8 (9 to 14 years old) with the knowledge and skills needed to guide their children through early adolescence. It seeks to strengthen and clarify family expectations for behavior, enhance the conditions that promote bonding within the family, and teach skills that allow children to resist drug use successfully.

**PREVENTION PROGRAM: Too Good For Drugs:** a school-based prevention program for kindergarten through 12th grade that builds on students' resiliency by teaching them how to be socially competent and autonomous problem solvers. The program is designed to benefit everyone in the school by providing needed education in social and emotional competencies and by reducing risk factors and building protective factors that affect students in these age groups.

### *PREVENTION COALITIONS- STRATEGIES FOR COMMUNITY CHANGE*

Okeechobee Substance Abuse Coalition

**PROVIDE INFORMATION:** Community presentations on alcohol and other drug dangers; community events; social media; and Friday Night Done Right- No Alcohol. No Dope.- a Social Norming Campaign that promotes the message that most teens do not drink and use drugs in order to have a good time.

**ENHANCE SKILLS:** Know the Law Course- onetime course teaching laws surrounding alcohol and other drugs for middle and high school students.

**PROVIDE SUPPORT:** Friday Night Done Right alcohol and drug free events for teens.

**REDUCE ACCESS/ENHANCE BARRIERS:** The Coalition has set up a phone tip line to report anyone who buys for, sells to or provides alcohol to those under 21.

**CHANGE PHYSICAL DESIGN:** Lock It Up- a public awareness campaign urging parents and guardians to lock up their alcohol in the home.

### Tobacco Free Partnership of Okeechobee County

**PROVIDE INFORMATION:** Community presentations on tobacco dangers; information website, participates in Tobacco Free Florida Campaign, Strange Candy- a program that discusses issues of tobacco marketing with a focus on the issue of flavored tobacco products.

**ENHANCE SKILLS:** SmokeScreeners- a program that teaches media literacy skills designed to reduce the influence of movie smoking.

**PROVIDE SUPPORT:** Provides SWAT Chapters (Students Working Against Tobacco) youth groups at Okeechobee High School.

**CHANGE PHYSICAL DESIGN:** Store Alert- a program that teaches young people to be aware of the types of marketing gimmicks used by the Tobacco Industry in local stores. An additional program is available to train youth on a system to conduct surveillance in the community and report the results as part of a database maintained by the [Campaign for Tobacco Free Kids](#)

**MODIFY/CHANGE POLICIES:** April 2015- The School Board of Okeechobee County adopted a revised tobacco-free policy for all school district properties by a 3-2 vote. The new policy means that no student, employee, volunteer, contractor, spectator, or other school visitor can use tobacco products of any kind on campus including facilities, school grounds, and vehicles.

***Current Policy Change Initiatives:*** A more comprehensive tobacco-free policy for adults on Martin County School property; An *Alternative to Suspension Policy* for youth violators of the current Martin County School Board Zero-Tolerance Policy on Youth Tobacco Use that includes a mandatory tobacco education program; The creation of tobacco-free policies in businesses to help them save money; The creation of voluntary changes in tobacco policies in large, multi-unit housing complexes.

### ***ADDITIONAL ENVIRONMENTAL STRATEGIES:***

#### Okeechobee County Sheriff's Office

**ENHANCE ACCESS/REDUCE BARRIERS:** Compliance Checks- underage youth attempt to purchase alcohol from vendors.

## PALM BEACH COUNTY

### *PREVENTION PROVIDERS – EVIDENCED BASED PROGRAMS*

#### Drug Abuse Foundation of Palm Beach County

**PREVENTION PROGRAM: LIFE SKILLS TRAINING:** a school-based program that aims to prevent alcohol, tobacco, and marijuana use and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors.

**PREVENTION PROGRAM: STRENGTHENING FAMILIES PROGRAM:** a family skills training program designed to increase resilience and reduce risk factors for behavioral, emotional, academic, and social problems in children 3-16 years old.

**PREVENTION PROGRAM: GUIDING GOOD CHOICES:** a drug use prevention program that provides parents of children in grades 4 through 8 (9 to 14 years old) with the knowledge and skills needed to guide their children through early adolescence. It seeks to strengthen and clarify family expectations for behavior, enhance the conditions that promote bonding within the family, and teach skills that allow children to resist drug use successfully.

**PREVENTION PROGRAM: PROJECT ALERT:** a middle school age appropriate substance abuse prevention curriculum proven effective in reducing experimentation among teens, and in reducing usage among teens who experiment.

**PREVENTION PROGRAM: PROJECT TOWARDS NO DRUG ABUSE:** a high school age appropriate substance abuse prevention curriculum proven effective in reducing experimentation among teens, and in reducing usage among teens who experiment.

#### Big Brothers and Big Sisters of Palm Beach and Martin Counties, Inc.

##### **PREVENTION PROGRAM: BIG BROTHERS BIG SISTERS MENTORING**

**PROGRAM:** designed to help participating youth ages 6-18 ("Littles") reach their potential through supported matches with adult volunteer mentors ages 18 and older ("Bigs"). The program focuses on positive youth development, not specific problems, and the Big acts as a role model and provides guidance to the Little through a relationship that is based on trust and caring.

#### Drug Abuse Treatment Association

**PREVENTION PROGRAM: PROJECT SUCCESS:** (Schools Using Coordinated Community Efforts to Strengthen Students) is designed to prevent and reduce substance use among students 12 to 18 years of age.

#### Federation of Families of Florida

**PREVENTION PROGRAM: LIFE SKILLS TRAINING:** a school-based program that aims to prevent alcohol, tobacco, and marijuana use and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors.

#### The Center for Family Services of Palm Beach County

**PREVENTION PROGRAM: TRIPLE P:** The Positive Parenting Program is a multilevel system or suite of parenting and family support strategies for families with children from birth to age 12, with extensions to families with teenagers ages 13 to 16. Developed for use with families from many cultural groups, Triple P is designed to prevent social, emotional, behavioral, and

developmental problems in children by enhancing their parents' knowledge, skills, and confidence.

**PREVENTION PROGRAM: PARTNERS FOR CHANGE:** an innovative, research-based psychotherapy and residential service designed around a Client-Directed, Outcome-Informed Therapy™ framework. The project serves adults who wish to make a positive change relevant to their substance use and co-occurring mental health issues.

#### Handley Center

**PREVENTION PROGRAM: ACTIVE PARENTING NOW:** This community-based program is designed into six sessions for parents of children ages 5-12. The program is based on proven psychological principles to help prevent drug and alcohol use.

**PREVENTION PROGRAM: ACTIVE PARENTING TEEN:** This program is designed in six, two-hour sessions that incorporate facts about teenage brain development and alcohol and drug use, skill building and problem solving.

**PREVENTION PROGRAM: ALCOHOL LITERACY CHALLENGE:** ALC is designed to challenge the unique alcohol expectancies and perceived media portrayals of drinking held by each participating student.

**PREVENTION PROGRAM: ATHENA:** ATHENA (Athletes Targeting Healthy Exercise & Nutrition Alternatives) is a school-based drug prevention and health promotion program specifically designed for young female student athletes. The program is completely scripted and uses positive peer pressure to influence healthy choices among teenagers to avoid disordered eating habits, deter the use of body shaping substances, steroids and performance enhancing drugs. The curriculum consists of (8) 45-minute interactive sessions. ATHENA is an evidence based model program that has been approved by NREPP and Safe Schools.

**PREVENTION PROGRAM: ATLAS:** ATLAS (Athletes Training and Learning to Avoid Steroids) is a school-based drug prevention and health promotion program specifically designed for young male student athletes. The program is completely scripted and uses positive peer pressure to influence healthy choices among teenagers to avoid alcohol consumption, drug use, steroids and other performance enhancing drugs. The curriculum consists of (10) 45-minute interactive sessions. ATLAS is an evidence based model program that has been approved by NREPP and Safe Schools.

**PREVENTION PROGRAM: PATHS:** Promoting Alternative Thinking Strategies, the PATHS® program teaches children how to change behaviors and attitudes that contribute to violence and bullying, how to express and control their emotions, and how to develop effective conflict-resolution strategies

**PREVENTION PROGRAM: PROJECT NORTHLAND:** a multilevel intervention involving students, peers, parents, and community in programs designed to delay the age at which adolescents begin drinking, reduce alcohol use among those already drinking, and limit the number of alcohol-related problems among young drinkers.

**PREVENTION PROGRAM: CLASS ACTION:** Class Action is the second phase of the Project Northland alcohol-use prevention curriculum series. Class Action (for grades 11-12) and Project Northland (for grades 6-8) are designed to delay the onset of alcohol use, reduce use among youths who have already tried alcohol, and limit the number of alcohol-related problems experienced by young drinkers.

**PREVENTION PROGRAM: TEEN INTERVENE:** Designed specifically for youth who are experiencing mild to moderate problems associated with alcohol or other drug use, Hazelden's Teen Intervene Program provides education, support, and guidance for teens and their parents.

#### Palm Beach School District

**PREVENTION PROGRAM: Second Step-** a classroom-based social-skills program for children 4 to 14 years of age that teaches socio-emotional skills aimed at reducing impulsive and aggressive behavior while increasing social competence. The program builds on cognitive behavioral intervention models integrated with social learning theory, empathy research, and social information-processing theories.

**PREVENTION PROGRAM: Guiding Good Choices (GGC)-** a drug use prevention program that provides parents of children in grades 4 through 8 (9 to 14 years old) with the knowledge and skills needed to guide their children through early adolescence. It seeks to strengthen and clarify family expectations for behavior, enhance the conditions that promote bonding within the family, and teach skills that allow children to resist drug use successfully.

**PREVENTION PROGRAM: Too Good For Drugs:** a school-based prevention program for kindergarten through 12th grade that builds on students' resiliency by teaching them how to be socially competent and autonomous problem solvers. The program is designed to benefit everyone in the school by providing needed education in social and emotional competencies and by reducing risk factors and building protective factors that affect students in these age groups

### ***PREVENTION COALITIONS- STRATEGIES FOR COMMUNITY CHANGE***

#### Palm Beach County Substance Awareness Coalition

**PROVIDE INFORMATION:** Community presentations on alcohol and other drug dangers; community events; newsletter; informational website; social media; 80/18 Campaign- The cost and consequences of underage drinking can be devastating and far-reaching. The good news is that every year more and more teenagers are choosing to be alcohol free. Palm Beach County Substance Awareness Coalition, as well as its partners and sponsors, have joined together to reach a remarkable goal: Get 80% of Palm Beach County teens to be alcohol-free by 2018.

**ENHANCE SKILLS: Youth Summits.** The Coalition provides leadership development and skills trainings through its bi annual youth leadership summits. Over 500 youth are trained in critical thinking skills, team building, advocacy and cultural competency. In addition all youth receive the evidence-based program “Alcohol Literacy Challenge”

**PROVIDE SUPPORT: School Bus Poster Contest** is a way for students to do their share to raise awareness about underage drinking. Our annual School Bus Poster Contest encourages students to design anti-drinking posters, with winning and top entries displayed in nearly 1,000 Palm Beach County school buses as well as at the South Florida Fair.

**ENHANCE ACCESS/REDUCE BARRIERS:** Prescription Pill Drops- Residents can drop off their unused or expired prescription medications for safe disposal at a series of locations throughout the county.

**CHANGE CONSEQUENCES:** The 877 MEASN 21 tip line – Residents can report a store that is selling alcohol to those under 21 or reporting a person buying alcohol for those under 21 or a party where under aged drinkers are present; **GROW HOUSE REPORTING PROGRAM-** residents can remain anonymous and report marijuana grow houses through a tip line.

Tobacco Free Partnership of Palm Beach County

**PROVIDE INFORMATION:** Community presentations on tobacco dangers; information website, participates in Tobacco Free Florida Campaign,

**ENHANCE SKILLS:**

**PROVIDE SUPPORT:** Tobacco Cessation: classes accompanied with nicotine aids; Provides SWAT Chapters (Students Working Against Tobacco) youth groups at Boca Raton Community Middle School, Boynton Beach Community Middle School, Carver Community Middle School, Eagles Landing Middle School, John I. Leonard High School, Jupiter Community High School, Palm Beach Lakes Community High School, Riviera Beach Preparatory, Roosevelt Community Middle School, Royal Palm Beach Community High School, Tradewinds Middle School, Wellington Community High School, Wellington Landings Middle School and Woodlands Middle School.

**CHANGE PHYSICAL DESIGN:** Works to create smoke free campuses – apartments, parks, office buildings, etc.

**MODIFY/CHANGE POLICIES:** During the 2012-2013 school year, three municipalities (Lake Park, Palm Beach Gardens, and Hypoluxo) passed resolutions to urge local retailers to refrain from selling flavored tobacco products not banned by the Food and Drug Administration; In an effort to create a healthier environment for our students, employees, and visitors, The School District of Palm Beach County implemented a comprehensive **Tobacco Free Environment Policy (7.19)**. The comprehensive 100% tobacco free policy became effective on **July 1, 2012**; Smoke-Free Multi-Unit Housing Policies passed at Pahokee Housing Authority and Oasis Delray (formerly Archstone Delray); Tobacco-Free Parks Policies – Village of Wellington – City of Lake Worth – Town of Jupiter.

***ADDITIONAL ENVIRONMENTAL STRATEGIES:***

Hanley Center

**PROVIDE INFORMATION:** Social Norming Messaging: 7 out of 10 kids don't drink

## ST. LUCIE COUNTY

### *PREVENTION PROVIDERS – EVIDENCED BASED PROGRAMS*

#### Drug Abuse Treatment Association

**PREVENTION PROGRAM: PROJECT SUCCESS:** (Schools Using Coordinated Community Efforts to Strengthen Students) is designed to prevent and reduce substance use among students 12 to 18 years of age.

#### CASTLE, Catholic Charities, Family Preservation Services, Hibiscus and New Horizons

**PREVENTION PROGRAM: STRENGTHENING FAMILIES PROGRAM:** a family skills training program designed to increase resilience and reduce risk factors for behavioral, emotional, academic, and social problems in children 3-16 years old.

#### New Horizons of the Treasure Coast, Inc., Children's Services Council of St. Lucie County, St. Lucie School District (through Student Assistance Program)

**PREVENTION PROGRAM: TOO GOOD FOR DRUGS:** a school-based prevention program for kindergarten through 12th grade that builds on students' resiliency by teaching them how to be socially competent and autonomous problem solvers. The program is designed to benefit everyone in the school by providing needed education in social and emotional competencies and by reducing risk factors and building protective factors that affect students in these age groups.

**PREVENTION PROGRAM: TOO GOOD FOR VIOLENCE:** a school-based violence prevention and character education program for students in kindergarten through 12th grade. It is designed to enhance prosocial behaviors and skills and improve protective factors related to conflict and violence.

**PREVENTION PROGRAM: Second Step-** a classroom-based social-skills program for children 4 to 14 years of age that teaches socio-emotional skills aimed at reducing impulsive and aggressive behavior while increasing social competence. The program builds on cognitive behavioral intervention models integrated with social learning theory, empathy research, and social information-processing theories.

**PREVENTION PROGRAM: Guiding Good Choices (GGC)-** a drug use prevention program that provides parents of children in grades 4 through 8 (9 to 14 years old) with the knowledge and skills needed to guide their children through early adolescence. It seeks to strengthen and clarify family expectations for behavior, enhance the conditions that promote bonding within the family, and teach skills that allow children to resist drug use successfully.

**NOTE:** Through a Prevention Partnership Grant with the State of Florida, New Horizons Prevention Specialists will assist the Roundtable of St. Lucie with the Talk They Hear You, Friday Night Done Right, Lock it Up, and the Parents that Host, Lose the Most Campaigns.

#### Big Brothers and Big Sisters of the Treasure Coast

#### **PREVENTION PROGRAM: BIG BROTHERS BIG SISTERS MENTORING**

**PROGRAM:** designed to help participating youth ages 6-18 ("Littles") reach their potential through supported matches with adult volunteer mentors ages 18 and older ("Bigs"). The program focuses on positive youth development, not specific problems, and the Big acts as a role model and provides guidance to the Little through a relationship that is based on trust and caring

## ***PREVENTION COALITIONS- STRATEGIES FOR COMMUNITY CHANGE***

Roundtable of St. Lucie County, Inc. - Substance abuse prevention and teen health Network

**PROVIDE INFORMATION:** Community presentations on alcohol and other drug dangers; community events; newsletter; informational website; social media; Friday Night Done Right- No Alcohol. No Dope.- a Social Norming Campaign that promotes the message that most teens do not drink and use drugs in order to have a good time; Parents Who Host, Lose the Most- a campaign informing parents on the laws surrounding hosting parties with alcohol for teens; Talk. They Hear You -SAMHSA's underage drinking prevention campaign helps parents and caregivers start talking to their children early—as early as 9 years old—about the dangers of alcohol. The "Talk. They Hear You." campaign aims to reduce underage drinking among youth ages 9 to 15 by providing parents and caregivers with information and resources they need to start addressing the issue of alcohol with their children early. In St. Lucie County, New Horizons of the Treasure Coast and the Roundtable of St. Lucie are implementing the campaign to 5<sup>th</sup> graders.

**ENHANCE SKILLS:** Know the Law Course- onetime course teaching laws surrounding alcohol and other drugs for middle and high school students.

**PROVIDE SUPPORT:** Friday Night Done Right alcohol and drug free events for teens. Kids at Hope: Kids at Hope is a strategic cultural framework based on resiliency research designed to engage entire communities in supporting success for all children, without exception. KAH profoundly impacts children's future because it trains adults to be intentional in believing, engaging and connecting with children. The belief and practice is incorporated into everyday interactions between youth and adults, and becomes the community culture in which the child is raised.

Tobacco-Free Partnership of St. Lucie County

**PROVIDE INFORMATION:** Provides community presentations and education on tobacco issues. Goals focus on: Preventing initiation of tobacco use among Florida's youth and young adults; Eliminating Floridian's exposure to secondhand smoke; Promote quitting among Florida's adults and youth; Maintaining comprehensive statewide tobacco education and use prevention program.

**PROVIDE SUPPORT:** Referral to Tobacco Cessation classes and 3 Free and Easy Ways to Quit; Provides Students Working Against Tobacco (SWAT) Clubs in the St. Lucie County School District and youth organizations. For more information visit [www.swatflorida.com](http://www.swatflorida.com)

**CHANGE PHYSICAL DESIGN:** Works with college campuses, multiunit housing managers and worksites to provide educational materials on benefits of adopting a smoke-free policy and provides information and resources to assist with becoming smoke-free; Assesses tobacco product placement and advertising in retail environment to change social norm. For more information visit [www.tobaccofreeflorida.com/county/stlucie/](http://www.tobaccofreeflorida.com/county/stlucie/)

**MODIFY/CHANGE POLICIES:** The School Board of St. Lucie County has passed a policy to maintain a tobacco free environment on all school properties and at all school events held off campus during normal and non-school hours 24 hours a day, seven days a week, and 365 days a year; The St. Lucie Board of County Commission passed an ordinance that restricts the sale of E-Cigarettes to citizens 18 years or older and mandates that all E-Cigarette products be in a sealed display case or behind the counter; The City of Fort Pierce, the City of Port St. Lucie, and the St. Lucie Board of County Commission all passed resolutions to restrict the sale of flavored tobacco

***ADDITIONAL ENVIRONMENTAL STRATEGIES:***

St. Lucie Sheriff's Office

**REDUCE ACCESS/ENHANCE BARRIERS:** Alcohol Compliance Checks- underage youth attempt to purchase alcohol from vendors.

St. Lucie Sheriff's Office

**REDUCE ACCESS/ENHANCE BARRIERS:** Prescription Drug Drop off Box: Residents can drop off their unused or expired prescription medications for safe disposal.